



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Under the Pastoral Care of the Augustinians
Diocese of Broken Bay

SCAN HERE

TO ACCESS
SUNDAY READINGS
& PARISH UPDATES



Serving the southern part of the Northern Beaches Peninsula of Sydney, we bring together the faithful from Allambie, Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth, and parts of Beacon Hill and North Manly into one parish family.

11 OCTOBER 2026 | 28TH SUNDAY IN ORDINARY TIME, YEAR A



28TH SUNDAY IN ORDINARY TIME

“Go out, therefore, into the main roads and invite to the feast whomever you find.” - Mt 22:9

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

FIRST READING

Isaiah 25:6-10

On this mountain the Lord will provide a feast.

RESPONSORIAL PSALM

Ps 22. R. v.6

I shall live in the house of the Lord all the days of my life.

SECOND READING

Philippians 4:12-14. 19-20

With God, Paul has strength for everything.

GOSPEL ACCLAMATION

See Ephesians 1:17-18

Alleluia, alleluia!

May the Father of our Lord Jesus Christ enlighten the eyes of our heart that we might see how great is the hope to which we are called. Alleluia!

GOSPEL

Matthew 22:1-14

Parable of the Wedding Banquet.



PARISH OFFICE MANLY VALE

NORTH HARBOUR PARISH CENTRE
2 King Street, Manly Vale 2093 NSW
Tue-Fri: 9am-4pm | (02) 9949 4455
office@nhparish.org.au
www.northharbourparish.org.au



ST KIERAN'S CHURCH MANLY VALE

2 King Street, Manly Vale
MASS TIMES:
Saturday (Vigil): 5.30pm
Sunday: 7.30am, 9.30am, 5pm
Mon, Tue, Thurs, Fri, Sat: 8.30am



ST CECILIA'S CHURCH BALGOWLAH

Wanganella & White Sts, Balgowlah
MASS TIMES:
Sunday: 9am
Wednesday: 9am

PASTORAL CARE FOR THE HOMEBOUND

If you or someone you know is unable to come to Mass because of illness, frailty, or age, our clergy and pastoral care ministers are here to support you. We can bring Holy Communion, offer the Sacrament of Reconciliation, and provide Anointing of the Sick in your home or place of care. For more information or to arrange a visit, please contact the Parish Office.

If a word from Scripture settles in your heart or invites you to pause, we welcome you to share that grace. Your reflection becomes a gift that strengthens and uplifts our community. To offer a contribution for this space, scan QR code or e-mail office@nhparish.org.au



VOICE FROM THE PEWS

Where Scripture meets real life

 Carol Murphy

A few Sundays ago, Father John spoke to the HSC students about God's love. Amazing!

This reminded me of St Paul's Letter to the Romans (8:14-23): "Those who are led by the Spirit of God are children of God. The Spirit sets us free from fear. If we are children of God, then we are heirs as well, and coheirs with Christ, sharing in his sufferings so as to share in his glory."

God has adopted us into his family, and I am awed by the freedom and hope found in these words.

God's love for us frees us from fear. We are invited not to be afraid, but to trust in our Heavenly Father.



SERVING OUR COMMUNITY IN FAITH

CLERGY

Parish Priest

Fr Michael Belonio, OSA
pp@nhparish.org.au

Assistant Parish Priests

Fr Michael Sullivan OSA
michael.sullivan@osa.org.au

Fr John Zhang

jzhang@nhparish.org.au

PASTORAL & SUPPORT TEAM

Administration

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Admin Asst | Media & Comms

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Bookkeeper

Valerie Buono (Thu)
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Catechists, Family & Sacraments

Ursula Hallway
sacraments@nhparish.org.au

Community Life & Mission

Lea Joris
mission@nhparish.org.au

Music Ministry | Media & Comms

Marianne Kaw-Deveza
music@nhparish.org.au
comms@nhparish.org.au

OUR ACKNOWLEDGMENT

With gratitude, we acknowledge the Traditional Custodians of this land and honour their enduring connection to Country. We pay our respects to Elders past and present, and to all First Nations people among us.

A SAFE AND CARING PARISH

We strive to make our parish a place where everyone feels safe, valued, and respected. Safeguarding is a shared responsibility, and we thank our community for helping us uphold this commitment.

CELEBRATING THE SACRAMENTS & PARISH LIFE

RECONCILIATION

Saturday 5-5:30pm | St Kieran's Church

YOUTH MASS

2nd Sunday 5pm | St Kieran's Church
during school term

FAMILY MASS

4th Sunday 9am | St Cecilia's Church
with *Children's Liturgy of the Word*

4th Sunday 5pm | St Kieran's Church
with *Children's Liturgy of the Word*

CHILDREN'S LITURGY OF THE WORD

2nd & 4th Sunday 9.30am | St Kieran's Church

BAPTISM

Sunday 10:30am | St Cecilia's Church
Sunday 11:30am | St Kieran's Church

For first-time baptisms, a preparation session helps families feel ready and supported. Please contact the Parish Office.

WEDDING

We ask for six months' notice, with a Pre-Marriage Course as part of your preparation.

FUNERAL

Families are invited to contact a funeral director first. The Parish Office will gently guide the liturgy arrangements.



CELEBRATION AND BLESSING OF PETS

ST FRANCIS OF ASSISI FEAST DAY

Bring along your beloved pets as we celebrate the Feast of St Francis of Assisi and give thanks for the joy they bring to our lives. Join us outside St Kieran's Church on Thursday 15 October, gathering from 3:15pm for the Blessing of Pets at 3:30pm. There'll also be a Pet Talent Show and Pet Fashion Parade, with prizes to be won! Children and adults are all welcome — and if you don't have a pet, bring a fluffy toy or simply come along and join the fun. Cancelled in the event of wet weather.



WELCOME TO NORTH HARBOUR

Whether you're new to the Catholic faith, returning after some time away, or simply exploring, we're grateful you're here. This community is made up of people at every stage of the journey — questioning, searching, growing, and discovering God's presence in daily life.

YOU BELONG HERE

If you're visiting, newly arrived, or settling into the parish, we'd love to meet you. Please feel free to introduce yourself to one of the priests or volunteers after Mass, or contact the Parish Office during the week. We're here to help you feel at home.

EXPLORING THE FAITH

If you're curious about becoming Catholic, wanting to understand the faith more deeply, or thinking about receiving the sacraments as an adult, we'd be honoured to walk with you. Our parish offers gentle, welcoming pathways for enquiry, conversation, and formation.

LOOKING TO GET INVOLVED

There are many ways to connect — through prayer, service, community groups, or parish ministries. Whether you have a lot of time or just a little, your presence and gifts can make a difference.

NEED SUPPORT

Life can be joyful, complicated, or heavy at times. If you're seeking prayer, pastoral care, or simply someone to talk to, please reach out. You don't have to walk alone.



EMHC TRAINING

FORMATION FOR EUCHARISTIC MINISTERS

All Eucharistic Ministers of Holy Communion are invited to attend a training session on **Wednesday, 28 October**, from **7:00 to 9:00pm** in the Parish Centre, led by Fr Michael Sullivan and Fr John Zhang.

Whether you are currently serving or interested in becoming a Eucharistic Minister, you are warmly welcome to join us as we deepen our understanding of this sacred ministry and our call to serve Christ and our parish community. Come along to be renewed and strengthened in this special ministry of service.



MINISTRY TO THE SICK & HOMEBOUND

BRINGING HOLY COMMUNION BEYOND THE CHURCH

Eucharistic Ministers who bring Holy Communion to those who are sick, homebound or living in nursing homes are invited to this special training, facilitated by Fr Abel. Join us on **Wednesday 4 November** at **7pm** in the Parish Centre for practical formation and guidance in this important pastoral ministry.

Pre-requisite: Participants must have completed the EMHC Training.



REJOICING IN NEW LIFE IN CHRIST

WITH JOY, WE WELCOME INTO OUR PARISH FAMILY THROUGH BAPTISM THIS SUNDAY

Guy Roediger Roberts (*son of Jessica and Philip*)

Sophie Isabella Pitts (*daughter of Andrew and Diana*)

Mia Rose O'Brien (*daughter of Claire*)

May they grow in faith, hope and love.

PARISH RENEWAL PRAYER GROUP

Join us for Meditations on the Rosary for Parish Renewal: after 8:30am Mass SK - Mon, Tue, Thu & after 9am Mass SC - Wed.

Loving God, we pray for all our HSC students. Give them calm hearts, clear minds and confidence in the days ahead. May they know they are surrounded by love, support and prayer. Amen.

⚠ IMPORTANT NOTICE

ST KIERAN'S ROOF WORKS

📅 ON-GOING

⛪ **MASS LOCATIONS WILL VARY** during the works.

💖 *Thank you for your patience and understanding.*

SK ROOF WORKS WORKS ON-GOING

The urgent roof works at St Kieran's Church are still underway. As the works are taking longer than anticipated, the temporary arrangements will remain in place until further notice. We will advise parishioners once a completion date has been confirmed.

Mass arrangements while works continue:

- **Weekday Morning Masses:** Masses will continue to be celebrated in Parish Centre – Hall 1.
- **Weekend Masses:** Masses will continue as usual at St Kieran's Church while contractors are on their scheduled break.

Funeral bookings: St Kieran's Church remains unavailable for funerals while the works are in progress. St Cecilia's Church, Balgowlah, may be recommended as an alternative if needed.

We thank you for your patience and understanding as these necessary works continue, and we apologise for any inconvenience caused. Further updates will be shared as soon as they become available.

YOU ARE INVITED TO OUR

GALA DINNER

Together, Building the First Community in Vietnam

FRIDAY, 23 OCTOBER 2026

CRYSTAL PALACE
219 CANLEY VALE RD
CANLEY HEIGHTS NSW 2166

RECEPTION **6:30 PM** | OPENING CEREMONY **7:30 PM**

\$70 PER PERSON
Includes a delicious six-course dinner and entertainment.

OCTOBER
MONTH OF THE HOLY ROSARY

Pray the Rosary this October
with Augustinian Meditations

Take time to pray and reflect on the mysteries of the Rosary with meditations from **St Augustine.**



SCAN TO ACCESS THE BOOKLET

Prepared by the Asia-Pacific Augustinian Novitiate (APAN)

GALA DINNER

TOGETHER, BUILDING THE FIRST COMMUNITY IN VIETNAM

You are warmly invited to a special Gala Dinner on **Friday, 23 October 2026** at **Crystal Palace, Canley Heights**, as we come together to support the building of the first community in Vietnam. The evening begins with a 6:30 pm reception, followed by the Opening Ceremony at 7:30 pm. Tickets are **\$70 per person** and include a delicious **six-course dinner** and a diverse entertainment program, promising an evening of fellowship, joy and meaningful connection. Your presence and generosity will help make a meaningful contribution to this important mission. Information & Tickets: **Fr Minh-Tan Hoang OSA · 0407 456 228**

PRAY THE ROSARY THIS OCTOBER

WITH AUGUSTINIAN MEDITATIONS

October is traditionally dedicated to the Holy Rosary. We invite you to pray with The Holy Rosary with Augustinian Meditations, prepared by the Asia-Pacific Augustinian Novitiate (APAN). Each mystery includes a meditation from St Augustine and an intention for prayer, offering a beautiful way to enter more deeply into the mysteries of the Rosary. Whether prayed individually, as a family or in community, we hope this resource will enrich your prayer throughout October. Printed copies are available at church entrances, or scan the QR code to access the booklet.

There's something on your heart.

BRING IT TO MASS.

NEW ONLINE
Mass Intentions can now be requested through our parish website.



SCAN QR CODE to request a Mass Intention.



St. Augustine of Hippo
August 28

Come, Lord, into my soul, which You have prepared for Your own reception by inspiring in me a longing for your goodness.

*St Augustine of Hippo,
Confessions 13,1*

WE HOLD IN PRAYER OUR PARISHIONERS

WE PRAY FOR THE SICK AND HOMEBOUND

Vlad, Chloe, Ging N, Morteza Chehelnabi, M A Non, Anna, Sherif R He & family, Kay Berryman, Jakob Weidinger

WE REMEMBER THOSE WHO HAVE DIED RECENTLY

Willy Iskandar, Fr. Robert Brogan, Timothy Delmaine (Judith's husband), Ken Wright, Jean Batley, Fr Harry Kennedy, Leonard Grayver, Odette, Anthony Vallentine, Daryl White, Malcolm McGuinness, Tom Meates

WE HONOUR THEIR ANNIVERSARIES

Luzvella Parco, Ryan Taleon

May God hold in love all those we lift up in prayer.

We are here to pray with you. Send your intentions to: office@nhparish.org.au



SAVE THE DATE

End of Year Christmas Dinner

SATURDAY, 21 NOVEMBER 2026
7PM - 11PM
BALGOWLAH RSL CLUB
 30-38 Ethel Street, Seaford

EOY CHRISTMAS DINNER AN AFA FUNDRAISER

The Augustinian Formation Association (AFA) warmly invites you to its End of Year Christmas Dinner on Saturday, 21 November 2026, from 7pm to 11pm, at Balgowlah RSL Club. Join us for a wonderful evening of festive celebrations, delicious food, music, great company and exciting prizes, all while supporting the formation of future Augustinians. Come together in the spirit of Christmas, celebrate the blessings of the year and help make a meaningful difference through your generosity. Save the date! More details to follow.

WORLD MISSION SUNDAY SPECIAL APPEAL NEXT WEEKEND

This year marks 100 years of World Mission Sunday, a special occasion when Catholics around the world unite in prayer and generosity to support the Church's mission. A special appeal will be held on Sunday, 18 October, supporting Catholic Mission's work with communities in need around the world. Appeal envelopes will be available at the church entrances. Donations may be placed in the Special Collections Box or made by tapping at the Special Collections donation terminal. Donations of \$2 or more are tax deductible. Every contribution makes a difference.



**ONE IN CHRIST
UNITED IN
Mission**
 100 YEARS OF WORLD MISSION SUNDAY

WORLD MISSION SUNDAY SPECIAL APPEAL

SUNDAY, 18 OCTOBER

Appeal envelopes will be available at the church entrances.

Donations of \$2 or more are tax deductible.



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Comfort Care Tote Bags

DONATIONS NEEDED



DONATIONS NEEDED COMFORT CARE TOTE BAGS

Our parish is collecting items to prepare Comfort Care Tote Bags for patients and families coping with end-of-life care at Northern Beaches Hospital. These bags will offer a small gesture of comfort, kindness and practical support during a particularly difficult time. Parishioners are warmly invited to donate any of the requested items over the coming weeks. Every contribution, whether one item or several, will help us share Christ's love and remind those in need that they are not alone. Please drop off your donations at the Parish Office by 18 October.

FAITH IN ACTION - LIVING THE GOSPEL THROUGH JUSTICE & LOVE

Inspired by Pope Francis' *Laudato Si'*, our Parish Social Justice group is committed to responding to the cry of the earth and the cry of the poor. Actions have included supporting and creating awareness:



VINNIES WINTER APPEAL



ASYLUM SEEKERS CENTRE'S DONATE A DEVICE INITIATIVE

Devices can be left at the back of the church all year round for collection



RU OK?

Ask. Listen. Encourage Action. Check in. A conversation could change a life? Are you OK?.



DAY FOR GIRLS INITIATIVE AT ST AUGUSTINE'S COLLEGE



HAVE A HEART FOR JUSTICE?

If you have a heart for **justice** and **compassion** and want to **make a difference**, join our Parish Social Justice Group and discover how you can put your faith into action through prayer, advocacy and practical outreach in our local and global community. Whether you're new or have been involved before, we'd love to meet you!



PARISH
SOCIAL JUSTICE

Faith in action
 - living the Gospel through justice and love

ALL ARE WELCOME!

NEXT MEETING

Monday 12 October 7PM
 North Harbour Parish Centre

*Together, let us live
 our faith through
 action.*



CATHEDRAL PRECINCT PROJECT
CATHEDRAL PRECINCT CHARITY GOLF CLASSIC:
TEERING OFF FOR THE FUTURE

FRIDAY, 16 OCTOBER

CHARITY GOLF CLASSIC TEERING OFF FOR THE FUTURE

Get your team together for the Cathedral Precinct Charity Classic – Teeing Off for the Future, on Friday 16 October 2026 at **Newgreens Chatswood Golf Club**. Enjoy 12 holes of golf in a four-person Ambrose format, followed by a BBQ lunch, with great prizes, a silent auction and a special guest appearance. It's a great day out while supporting the Cathedral Precinct Project and its vision for a lasting place of faith, community and service for future generations. Gather your team, invite your friends and be part of this special event! **\$130 per golfer – includes golf and BBQ lunch OR \$70 – BBQ lunch only.** Places are limited — book your team today!



CATHEDRAL PRECINCT PROJECT
Women of Broken Bay
Lunch
WEDNESDAY 28 OCTOBER 2026
NORTHBRIDGE GOLF CLUB

WOMEN OF BROKEN BAY LUNCH CONNECT. BE INSPIRED. HELP SHAPE THE FUTURE.

Join women from across the Diocese for the inaugural Women of Broken Bay Lunch — an afternoon of connection, conversation and inspiration. Enjoy a two-course lunch and hear from keynote speaker Mrs Kelly Paget as she explores “Called to Lead: A Journey of Faith, Family and Community.” Your attendance will also support the Cathedral Precinct Project, helping create a lasting place of faith and community for future generations. Limited spots remaining — book your seat today by scanning the QR code.

 **11:30am arrival | 12:00–2:00pm**



Young Adults
YOU ARE INVITED!
3RD TALK IN THE SERIES
**CHASTITY:
OUTDATED IDEAL
OR REAL PATH
TO FREEDOM?**
Talk by
TOMASZ JUSZCZAK
6PM MASS
7PM GATHERING
24 OCTOBER
(Saturday)
MANLY FRESHWATER PARISH
6 Raglan St, Manly, 2095

REGISTER

TALK 3: CHASTITY OUTDATED IDEAL OR REAL PATH TO FREEDOM?

The Church says chastity is possible. But in a world that says otherwise, is it realistic — or truly life-giving? Let's discover the truth. Young adults are invited to the third talk in the series, presented by Tomasz Juszczak, exploring the Church's teaching on chastity and what it means for young Catholics living in today's culture.

Join us on **Saturday, 24 October** at **Manly Freshwater Parish**. 6pm Mass | 7pm Gathering

Scan the QR code to register.



Apostolic Penitentiary
CELEBRATING THE SACRAMENT OF Reconciliation
Training seminar open to all the faithful, in person and on YouTube
OCTOBER 23-24, 2026
www.penitenzieria.va
Piazza della Cancelleria 1, ROME

CELEBRATING RECONCILIATION A FORMATION SEMINAR

The Apostolic Penitentiary invites the faithful to a special formation seminar exploring the beauty and liberating power of the Sacrament of Reconciliation. Held on 23–24 October, the seminar will reflect on some of the difficulties people may experience when approaching Confession and encourage a renewed encounter with God's mercy. The seminar is open to all the faithful, with particular attention to the laity. Participation is free and available online via YouTube, with simultaneous English interpretation during the live broadcast. Presentations will also remain available to watch after the seminar. Scan the QR code for the full program and registration.



WYD27
CATHOLIC YOUTH BROKEN BAY
CALLING YOUNG SINGERS!
Could your voice be part of the new WYD27 song, *Courageous?*
Years 10 & 11 Exceptional Year 9 singers may also be considered.
Male & female singers welcome
Recording planned for November
AUDITION VIDEOS DUE WEDNESDAY, 14 OCTOBER 2026
SCAN THE QR CODE TO SUBMIT YOUR AUDITION

CALLING YOUNG SINGERS! BROKEN BAY'S WYD27 SONG

Simon Hyland from Catholic Schools Broken Bay is looking for talented young singers to feature in the recording of *Courageous*, Broken Bay's new song for World Youth Day 2027.

Confident Year 10 and 11 singers with strong voices and a good ear for harmonies are encouraged to audition. Exceptional Year 9 singers may also be considered, and young people do not need to be attending WYD27 to take part.

Audition videos should include a 20–30 second introduction, one minute of a worship song and one minute of a song of your choice, sung live. A backing track, accompanist or a cappella performance may be used.

Selected singers may feature as soloists or backing vocalists, with recording expected to take place in November.

Auditions close **Wednesday, 14 October 2026**. Scan the QR code to submit your video.



PARISH OFFICE CLOSURE
WEDNESDAY 14 October
For urgent matters, please contact the Parish Mobile: **0450 101 767**
Thank you for your understanding.



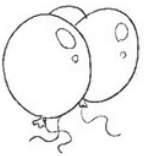
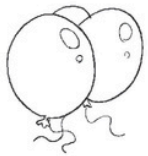
COLOR

Read the Gospel of the week and color the image.



PUZZLE

Circle the picture that is facing the **wrong** way. Then color in all the pictures



NEXT WEEKEND

18 October 2026
29th Sunday in Ordinary Time
Year A

FIRST READING

Isaiah 45:1.4-6
I am the Lord, there is no other.

RESPONSORIAL PSALM

Ps 95:1. 3-5. 7-10. R. v.7
Give the Lord glory and honour.

SECOND READING

1 Thessalonians 1:1-5
Paul greets the Thessalonians.

GOSPEL ACCLAMATION

Philippians 2:15. 16
Alleluia, alleluia!
Shine on the world like bright stars;
you are offering it the word of life.
Alleluia!

GOSPEL

Matthew 22:15-21
Render to Caesar what is Caesar's.

"Let nothing disturb you, let nothing frighten you. All things pass; God never changes."

ST TERESA OF ÁVILA

SAINT

Teresa of Ávila

DOCTOR OF THE CHURCH

Reformer • Mystic • Teacher

BORN: 1515 | DIED: 1582

FEAST DAY • 15 OCTOBER

DID YOU KNOW?

- 1 She founded 17 convents.**
St Teresa tirelessly reformed the Carmelite Order, founding 17 convents across Spain to help sisters live a deeper prayer life.
- 2 She wrote *The Interior Castle*.**
Her writings on prayer continue to inspire people around the world to grow closer to God.
- 3 The first woman Doctor of the Church.**
In 1970, Pope Paul VI declared her a Doctor of the Church, recognising the lasting impact of her teaching on the Church and the world.

OBSERVANCES FOR THE WEEK OF 11 OCT 2026

Mon 12 Oct:	Monday of the 28 th Week in Ordinary Time
Tue 13 Oct:	Tuesday of the 28 th Week in Ordinary Time
Wed 14 Oct:	Wednesday of the 28 th Week in Ordinary Time
Thu 15 Oct:	St Teresa of Jesus
Fri 16 Oct:	Friday of the 28 th Week in Ordinary Time
Sat 17 Oct:	St Ignatius of Antioch



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SETTING



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THE CATHOLIC COMMUNITY OF
NORTH HARBOUR



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