



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Under the Pastoral Care of the Augustinians
Diocese of Broken Bay

SCAN HERE

TO ACCESS THE
SUNDAY READINGS



Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

19 APRIL 2026 | YEAR A



3RD SUNDAY OF EASTER

And it happened that, while [Jesus] was with them at table, he took bread, said the blessing, broke it, and gave it to them. - Lk 24:30-31

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

FIRST READING
Acts of the Apostles 2:14, 22-33
Peter addresses the people on the day of Pentecost.

RESPONSORIAL PSALM
Ps 15:1-2. 5. 7-11. R. v.11
Lord, you will show us the path of life.

SECOND READING
1 Peter 1:17-21
We are delivered through the blood of the lamb.

GOSPEL ACCLAMATION
See Luke 24:32
Alleluia, alleluia!
Lord Jesus, make your word plain to us: make our hearts burn with love when you speak. Alleluia!

GOSPEL
Luke 24:13-35
Jesus greets disciples on the road to Emmaus.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am
1st Sundays of the month (within the 9am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and include Pre-Marriage Course as part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am
Saturday (Vigil), 5.30pm
Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass on Fridays.*

BAPTISM:

Sunday, 11.30am
1st Sundays of the month (within the 9.30am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



Welcome to NORTH HARBOUR

- You are invited
- Join us in our varied celebrations & activities
- Consider sharing your gifts to us

 OFFICE@NHCATHOLIC.ORG.AU
 2 KING STREET, MANLY VALE 2093 NSW
 WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
 WWW.FACEBOOK.COM/NORTHHARBOURCATHOLICS
 (02) 9949 4455



WEBSITE



FACEBOOK PAGE

WHY DO WE DO THAT?

Catholic Life Explained

Question:

What do Catholics believe about the end of the world?

Answer:

We hear the phrase “the end of the world” casually today. It means the end of civil society or the threat of human annihilation by natural disasters. For Christians, our perspective is Christ-centered. Numerous times through the Gospel, Jesus notes that he will come again, even after he has ascended into heaven. The Church typically refers to this as the Second Coming of Jesus or the Latin “Parousia,” meaning “presence” or “arrival.”

We believe that Christ will come again, and at his Second Coming, human history will end, at least as we know it. The book of Revelation speaks of a renewal, a “*new heaven and a new earth*” (Rev 21:1). Christ will come again in glory. Our souls will be reunited with our bodies. While our lives were judged individually at our deaths, something new will happen here. Theologians call it the last judgment, in which our deeds and the effects will be known to all. For the early Christians, this second coming was hoped for! They knew it was the completion of God’s work of redemption for the human race. We, too, should pray with them, “Come Lord Jesus!” ©LPi

BRINGING HOME THE GOSPEL

The walk to Emmaus is one of my favourite Gospel stories. Two ordinary folks, disciples of Jesus, are walking home. They are sad and discouraged. Everything has gone wrong: All they had hoped for was gone. Jesus joins them, but they don’t recognise him. They begin to share what had happened back in Jerusalem and Jesus reminds them of the Scripture readings that foresaw such happenings. During the walk, they do not recognise Jesus. It is at table, in the breaking of the bread, that their eyes are opened.

I think one of the reasons I like this story is that it is such a clear reminder that Christ is in our midst. It is easy to talk about the Jesus we find in Scripture, or the glorified Christ who sits at the right hand of the Father. It is often easier to believe in the miracle worker and King of Kings than to see Christ in the face of a stranger or beggar. It is sometimes even more difficult to see Jesus in the people we walk with every day—the people in our own homes.

Here’s my updated replay of the walk to Emmaus. A woman (or man) comes home from work tired and discouraged. After a half hour of breathing space (we all need time to disengage), she sits down and shares her day with her husband or offspring. The listener becomes the storyteller as he shares his day. Each person is gently affirmed. Finally, they all sit down together at table, and as they tear into a pizza they smile at each other as they recognise the look of Christ in the face across from them.

FAMILY RESPONSE:

Ask each family member to name one quality of Jesus they see in each of the other family members.

PERSONAL RESPONSE:

Experts tell us we all need at least 20–30 minutes of quiet time to let go of tensions when we come home from work or school. Do you think this is a good idea for your household? How can you arrange it?

*Copyright © 2025 Judith Dunlap.
Published by the Pastoral Centre, All rights reserved.*



©LPi



Let Us Support IJM

To stop livestream abuse before it starts and sign the *Tech That Protects* petition. Your voice can help protect children from online exploitation and abuse. We invite you to sign the petition to call on the Australian Government to require tech companies to build on-device safeguards that detect and prevent livestreamed child sexual abuse in real time.



Social Justice on the Bay

Sat | 30th of May | 2-4PM
Our Lady of the Rosary
Waitara

Next SJ meeting

Monday | 4th of May | 7:00PM
North Harbour Parish Centre
2 King Street, Manly Vale
All are welcome!

Parish Social Justice Group

Faith in action – living the Gospel through justice and love

Actions

Our parish social justice group's goal is to focus on two of the seven Laudato Si' goals:

- 1. Response to the Cry of the Earth:** Protecting biodiversity, increasing renewable energy use, reducing fossil fuel dependence, and ensuring clean water access.
- 2. Response to the Cry of the Poor:** Defending human life from conception to death, with special attention to vulnerable groups, migrants, and indigenous communities.

PASTORAL CARE FOR THE HOMEBOUND & URGENT SICK CALLS

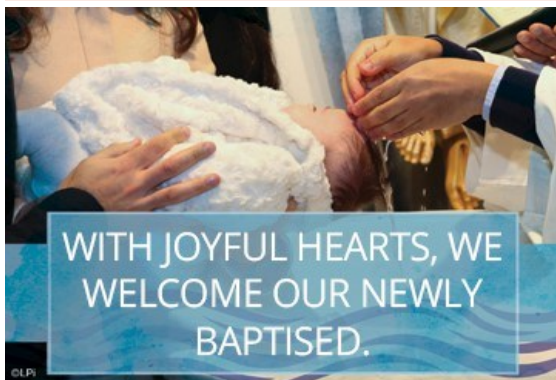
If you or someone you know is unable to come to Mass because of illness, frailty, or age, our clergy and pastoral care ministers are here to support you. We can bring Holy Communion, offer the Sacrament of Reconciliation, and provide Anointing of the Sick in your home or place of care. For more information or to arrange a visit, please contact the Parish Office.

If you need a priest urgently, please phone the Parish Office during business hours:

TUESDAY–FRIDAY
9am–4pm
02 9949 4455

International Earth Day - 22 APRIL 2026

A day where we can take the opportunity to reflect on this year's theme: *"Our Power, Our Planet"*. Find out ways you can make a difference by scanning the QR code.



Sofia Anne Demasi
Daughter of Damian & Roxanne

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Winter Dale Reyes, Donald, Xi, Susie, Vladimir and Charles, Fr David Taylor, Nigel Manchee, Remo Dellagiacomma, Odette James, Joyce Arnold, Peter & Jan Van de Velde, Cecilia Yeung, Gemma Mangelsdorf, Rodney Arnold, Sol Roxas

RECENTLY DECEASED:

Bill Plummer, Sonny Keane, Diane Lowe

ANNIVERSARIES:

Jan, Miecia & Zyguich, Elvira Sotelo, Antonio Gelonesi

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au

25 APRIL 2026
ANZAC DAY
MASS

8.30 AM AT ST KIERAN'S CHURCH
 BBQ AFTER THE MASS
All are Welcome!

Join our
Youth Mass

3 May 2026 | 5PM Mass | St Kieran's Church
 Come along to hear some great music
 and have a free supper afterwards!

You're invited to
Listening Morning Tea
 A gathering for our **senior parishioners**

9.30 AM | Thursday, 30 April
 North Harbour Parish Centre
 2 King Street, Manly Vale 

We want to spend time with you, hear your stories,
 and learn how we can better support you to feel
 connected and involved in parish life.
 Your wisdom, faith, and experience are a gift to our
 community, and this is a chance for us to listen
 and walk together more closely.

Morning Tea will be provided.
 Come, bring a friend, share your story
 and be heard!

RSVP
mission@nhcatholic.org.au | 9949 4455

SACRAMENT OF CONFIRMATION *for Adults*

PENTECOST SUNDAY | 24 MAY 2026
9:30AM MASS
OUR LADY OF THE ROSARY CATHEDRAL

TO ENROL
 Please e-mail Ursula at
families@nhcatholic.org.au
 and include your baptismal certificate
 and name of sponsor
 Enrolment Deadline: **Monday, 4th of May**

PREPARATION SESSION
North Harbour Parish Centre
Tuesday, 5th of May, 6:30PM



SCAN HERE



TO ENROL

Baptism of SCHOOL-AGED CHILDREN

Preparation Session: 9 August 2026 Sunday 2-4pm
 at North Harbour Parish Centre

Sacrament of Baptism: 23 August 2026 Sunday
 10:30am at St Cecilia's Church
 11:30am at St Kieran's Church

SACRAMENTAL PROGRAM 2026-2027

ENROL YOUR CHILD FOR THE
Sacrament of Confirmation

*CHILDREN MUST BE BAPTISED AND IN YEAR 3 OR ABOVE



SCAN HERE TO ENROL



SCAN HERE TO ENROL

PARENT INFORMATION MEETING
*CHOOSE ONE SESSION ONLY

15 SEPTEMBER 9:30AM
15 SEPTEMBER 7:00PM

SACRAMENT OF CONFIRMATION
28 NOVEMBER 3:00PM
The Treacy Centre, 1 Dreadnought Rd, Oxford Falls

Seasons for Growth Adult Companions

No one should walk the path of grief alone. Accompanying and walking beside those who mourn with compassion, understanding, and the quiet assurance of Christ's presence.

A warm invitation to all trained Seasons for Growth Companions to prayerfully consider participating in this ministry.

Express your interest to Libby,
in Mission Broken Bay
mission@bbecatholic.org.au

Together, may we be instruments of Christ's consolation

Your bottles and cans help us build the new **Augustinian Formation House in Vietnam** – a place where our young brothers can live, study, and grow their vocation.

One Heart One House

EVERY 10C BUILDS A HOME

SCAN TO DONATE



Thank you for your support.
Every small act builds something bigger.




WELCOME TO THE PARISH TEAM

GISELLE ROLDAN

Administrative Assistant
(Media & Communications)

Start Date:
22 April 2026

Working Days:
Wednesday & Friday

Suitable for
2 years to
Preschool
Age

Little Kieran's Playgroup

Term 2
7th May
14th May
21st May
28th May
4th June

Weekly on Thursdays
9:15am - 10:15am

- **Teacher led** with a school readiness approach
- **Form connections** with other local families
- **Engaging crafts** and sporting activities
- **Play-based learning** in an inclusive setting

St Kieran's School - 63 Gordon St, Manly Vale

Parish Office CLOSED on

Wednesday, April 22nd

Our Parish Staff will be attending Parish Personnel Day

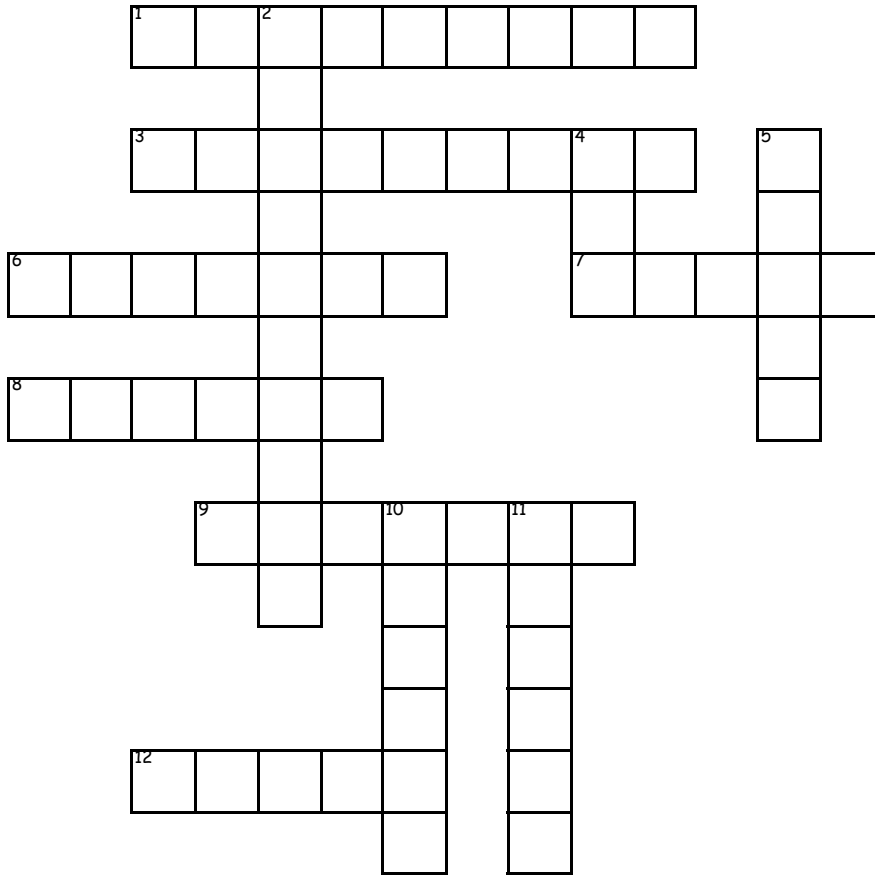


Scan the QR code to read Archbishop Anthony's

LETTER ON ARRANGEMENTS PRIOR TO MY DEPARTURE

*Few printed copies available at the church foyer





CROSSWORD PUZZLE

They knew it was Jesus when he broke bread

ACROSS

- 1: vanish
- 3: Israel's holy city
- 6: one of the disciples going to Emmaus
- 7: Jesus appeared on the road to Emmaus ____ days after he died
- 8: Jesus joined two of his disciples on the road to this town
- 9: saviour
- 12: a place where people live

DOWN

- 2: sacred texts
- 4: to consume food
- 5: the two disciples knew who Jesus was when he broke what?
- 10: to experience pain or distress
- 11: some women saw a vision of these at Jesus' tomb

© 2005 Creative Ministry Resources Pty Ltd

Sharing the Gospel

Pretend Jesus is at your home. He sits at the dinner table with your whole family. He breaks bread with you. He fills each cup with a drink. He plays with you and helps you with your homework. He tells you that he loves you. You thank him for the food and ask him to bless your family. Jesus says, "I've got to go, but I'll remain in your heart forever."

Prayer

Lord, help me show others that I am a Christian by my words and actions.

Mission

I will say, "I'll be glad to help. Tell me what to do first."

©LPi



COLOR

Read the Gospel of the week and color the image.





We did not exist when we were predestined, we were hostile when we were called, and we were sinners when we were justified. Then let us give thanks to God and not remain ungrateful.

Sermon 158, 3
- St. Augustine of Hippo

NEXT WEEKEND (26 APRIL 2026): 4TH SUNDAY OF EASTER, YEAR A

<p>FIRST READING Acts of the Apostles 2:14. 36-41 <i>Three thousand are baptised at Peter's urging.</i></p> <p>RESPONSORIAL PSALM Ps 22:1-6. R. v.1 <i>The Lord is my shepherd; there is nothing I shall want.</i></p> <p>SECOND READING 1 Peter 2:20-25 <i>Christ delivered himself up to free us from sin.</i></p> <p>GOSPEL ACCLAMATION John 10:14 <i>Alleluia, alleluia!</i> <i>I am the good shepherd, says the Lord; I know my sheep, and mine know me.</i> <i>Alleluia!</i></p> <p>GOSPEL John 10:1-10 <i>Jesus the sheepgate.</i></p>	<p>25 APR, 5.30PM ST KIERAN'S</p> <p>Senior Server Louise</p> <p>Readers Leonie Ronda Val (R)</p> <p>Music Parish Choir</p> <p>Communion Min Volunteer Needed Volunteer Needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>26 APR, 7.30AM ST KIERAN'S</p> <p>Senior Server Anna</p> <p>Readers Lea Tim Elsie (R)</p> <p>Music none</p> <p>Communion Min Lea Olivier</p> <p>Powerpoint Olivier</p> <p>Welcomers Volunteers needed</p>	<p>26 APR, 9AM ST CECILIA'S</p> <p>Senior Server Antoinette</p> <p>Readers Family Mass</p> <p>Music Conmen</p> <p>Communion Min Volunteer Needed Volunteer Needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>26 APR, 9.30AM ST KIERAN'S</p> <p>Senior Server Joseph</p> <p>Readers Kaye Anne</p> <p>Music TBA</p> <p>Communion Min Titus Fiona</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>26 APR, 5PM ST KIERAN'S</p> <p>Senior Server Stephen</p> <p>Readers Family Mass</p> <p>Music Emmanuel</p> <p>Communion Min Catherine Geraldine</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>
	<p>OBSERVANCES FOR THE WEEK OF 19 APRIL</p> <p>Mon 20 Apr: Monday of the 3rd week of Easter Tue 21 Apr: Tuesday of the 3rd week of Easter Wed 22 Apr: Wednesday of the 3rd week of Easter Thu 23 Apr: Thursday of the 3rd week of Easter / Bl Helen of Udine Fri 24 Apr: Friday of the 3rd week of Easter / Conversion of St Augustine Sat 25 Apr: ANZAC Day</p>				

The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches
Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff
Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au
Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au
Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au
Administration: Charlene Mendoza E admin@nhcatholic.org.au (Tue-Fri)
Bookkeeper: Valerie Buono E accounts@nhcatholic.org.au (Thu)
Catechists, Family & Sacraments: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au
Community Life & Mission: Lea Joris E mission@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au
Media and Communications: Marianne Kaw-Deveza (Acting) E comms@nhcatholic.org.au



Please support the advertisers that support us. Thank you.

If you wish to advertise your business with us, please contact our Media/Comms Coordinator: comms@nhcatholic.org.au

MAURER FAMILY FUNERALS

Finding guidance during
a difficult time is
comforting



WE ARE FOUR GENERATIONS
OF THE MAURER FAMILY

SERVING THE COMMUNITY SINCE
1941.

Northern Beaches
9977 2113

office@maurerfunerals.com.au
www.maurerfunerals.com.au



CALL 02 9913 7131



Local Australian family
owned and operated

Available 24/7

Personally talk to Ann
Wilson and her team

Suite 3, 1440 Pittwater Road
North Narrabeen, Sydney
wilsonfamilyfunerals.net.au

HAMER & HAMER
Solicitors

Murray Hamer
Brian Hamer
Michelle Gibson

Let us advise you
through life's most
important moments

9949 4022

murray@hamerlaw.com.au

hamerlaw.com.au

LORIS FILACURIDI

Real Estate Agent



Trusted advice for
all your real estate
needs.

0419 227 435

B.Bus JP

sweetnams
real estate

ADVERTISE WITH US

Advertising space
is available on this page.

For more details,
contact Parish Office
office@nhcatholic.org.au
or ring 9949 4455

ADVERTISE WITH US

Advertising space
is available on this page.

For more details,
contact Parish Office
office@nhcatholic.org.au
or ring 9949 4455

ADVERTISE WITH US

Advertising space
is available on this page.

For more details,
contact Parish Office
office@nhcatholic.org.au
or ring 9949 4455



St Kieran's Catholic
Primary School



Principal:
Ms Margaret Holles



Now
Enrolling!

63 Gordon St, Manly Vale
02 7256 2131

skmv@dbb.catholic.edu.au
www.skmvdbb.catholic.edu.au

CATHOLIC SCHOOLS BROKEN BAY
Co-educational pathways K - 12

PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your
continued support.

Thank You!



THE CATHOLIC COMMUNITY OF
NORTH HARBOUR



CATHOLIC
DIOCESE OF
BROKEN BAY



AUGUSTINIAN
CLERGY
(First Collection)



PARISH
GIVING
(Second Collection)



PASTORAL
WORKS
Broken Bay
(Diocesan Ministries)

SCAN ME



Donations over \$2 to PWBB are tax deductible.

PWBB and Augustinian Appeal envelopes are also available at the
church entrances

to
DONATE