



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Under the Pastoral Care of the Augustinians
Diocese of Broken Bay

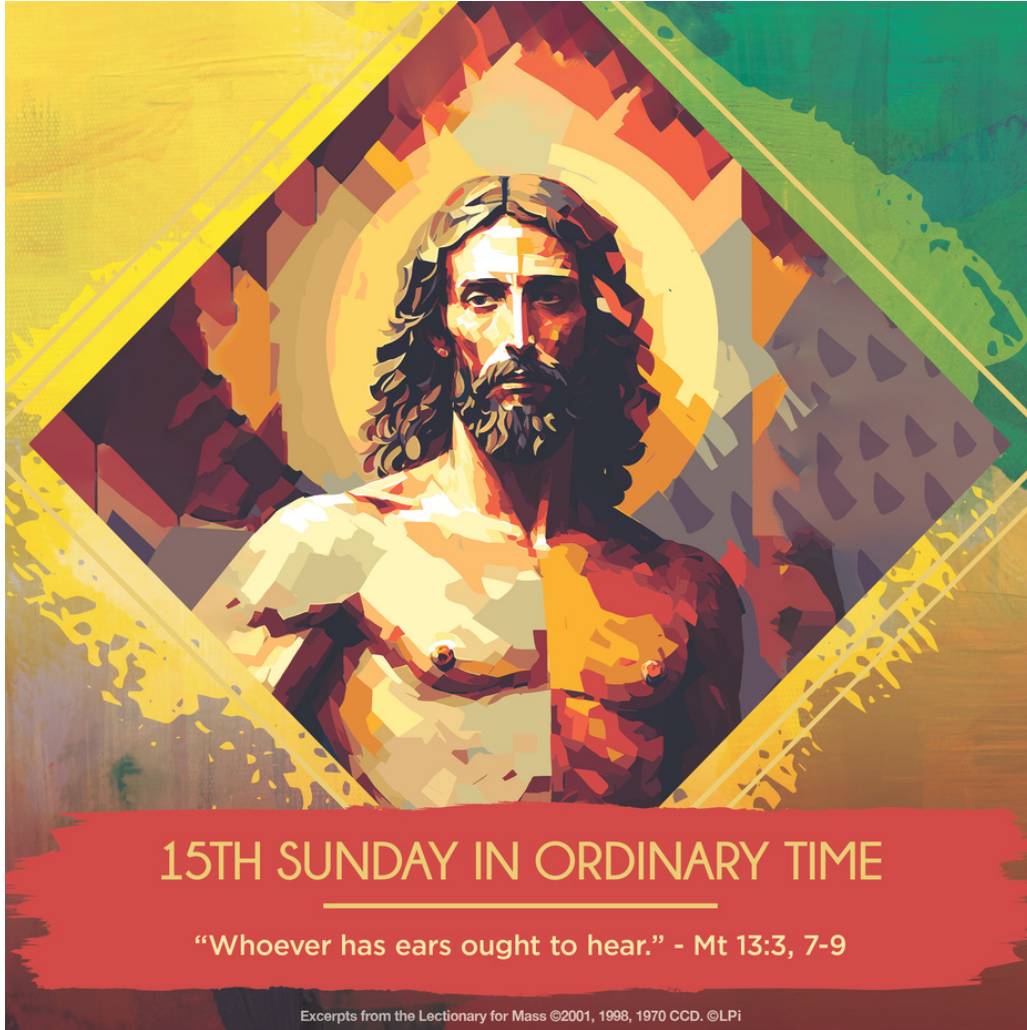
SCAN HERE

TO ACCESS
SUNDAY READINGS
& PARISH UPDATES



Serving the southern part of the Northern Beaches Peninsula of Sydney, we bring together the faithful from Allambie, Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth, and parts of Beacon Hill and North Manly into one parish family.

12 JULY 2026 | 15TH SUNDAY IN ORDINARY TIME, YEAR A



FIRST READING

Isaiah 55:10-11

The Lord's word refreshes and stimulates.

RESPONSORIAL PSALM

Psalm 64:10-14 R. Lk 8:8

The seed that falls on good ground will yield a fruitful harvest.

SECOND READING

Romans 8:18-23

Our suffering is nothing compared to the coming glory.

GOSPEL ACCLAMATION

Alleluia, alleluia!

The seed is the word of God, Christ is the sower; all who come to him will live for ever.

Alleluia!

GOSPEL

Matthew 13:1-23

Parable of the sower.



PARISH OFFICE MANLY VALE

NORTH HARBOUR PARISH CENTRE
2 King Street, Manly Vale 2093 NSW
Tue-Fri: 9am-4pm | (02) 9949 4455
office@nhparish.org.au
www.northharbourparish.org.au



ST KIERAN'S CHURCH MANLY VALE

2 King Street, Manly Vale

MASS TIMES:

Saturday (Vigil): 5.30pm
Sunday: 7.30am, 9.30am, 5pm
Mon, Tue, Thurs, Fri, Sat: 8.30am



ST CECILIA'S CHURCH BALGOWLAH

Wanganella & White Sts, Balgowlah

MASS TIMES:

Sunday: 9am
Wednesday: 9am

PASTORAL CARE FOR THE HOMEBOUND

If you or someone you know is unable to come to Mass because of illness, frailty, or age, our clergy and pastoral care ministers are here to support you. We can bring Holy Communion, offer the Sacrament of Reconciliation, and provide Anointing of the Sick in your home or place of care. For more information or to arrange a visit, please contact the Parish Office.

SERVING OUR COMMUNITY IN FAITH

CLERGY

Parish Priest

Fr Michael Belonio, OSA
pp@nhparish.org.au

Assistant Parish Priests

Fr Jumbim Torres, OSA
jtorres@nhparish.org.au

Fr John Zhang

jzhang@nhparish.org.au

PASTORAL & SUPPORT TEAM

Administration

Charlene Mendoza (Tue-Fri)
admin@nhparish.org.au
office@nhparish.org.au

Admin Asst | Media & Comms

Giselle Roldan (Wed & Fri)
office@nhparish.org.au
comms@nhparish.org.au

Bookkeeper

Valerie Buono (Thu)
accounts@nhparish.org.au

Catechists, Family & Sacraments

Ursula Hallaway
sacraments@nhparish.org.au

Community Life & Mission

Lea Joris
mission@nhparish.org.au

Music Ministry | Media & Comms

Marianne Kaw-Deveza
music@nhparish.org.au
comms@nhparish.org.au

OUR ACKNOWLEDGMENT

With gratitude, we acknowledge the Traditional Custodians of this land and honour their enduring connection to Country. We pay our respects to Elders past and present, and to all First Nations people among us.

A SAFE AND CARING PARISH

We strive to make our parish a place where everyone feels safe, valued, and respected. Safeguarding is a shared responsibility, and we thank our community for helping us uphold this commitment.

If a word from Scripture settles in your heart or invites you to pause, we welcome you to share that grace. Your reflection becomes a gift that strengthens and uplifts our community. To offer a contribution for this space, scan QR code or e-mail office@nhparish.org.au



VOICE FROM THE PEWS

Where Scripture meets real life



Herin Hentry

Understanding Apostles' Creed

I've heard the Apostles' Creed many times, but it wasn't until I started the 12-day plan by Matt Chandler on the Bible App that it really came alive for me. That plan helped me slow down and look at each line, as a clear, steady reminder of what Christians have believed from the very beginning.



The Creed starts with, "I believe in God the Father Almighty, Creator of heaven and earth." That simple sentence sets the tone. It begins where the Bible begins with God as Creator and reminds me that faith starts with believing who God is, His son Jesus Christ and the Holy Spirit.

As I went through the plan, I saw how the Creed walks through the whole story of the Bible: creation, Jesus's incarnation, His death and resurrection, His ascension, the Holy Spirit, the Church, forgiveness, and the hope of eternal life. It's like a map of the Christian faith, laid out in a few short lines. What makes it significant for me is how grounding it feels.

Hebrews 11:1 reiterates this belief and faith as confidence in what we hope for and assurance about what we do not see.

Jude 1:3 talks about the faith that was "entrusted" to God's people.

The Creed helps me see what that faith actually looks like. It's solid, something worth holding on to, something worth passing on. The **Bible App** plan helped me appreciate that this isn't just history. It's my faith, and I have a shared responsibility to pass it on.

I hope you appreciate the Apostles' Creed and its purpose in summarising, protecting, and sharing the core Christian beliefs passed down from the apostles.

CELEBRATING THE SACRAMENTS & PARISH LIFE

RECONCILIATION

Saturday 5-5:30pm | St Kieran's Church

YOUTH MASS

2nd Sunday 5pm | St Kieran's Church
during school term

FAMILY MASS

4th Sunday 9am | St Cecilia's Church
with Children's Liturgy of the Word

4th Sunday 5pm | St Kieran's Church
with Children's Liturgy of the Word

CHILDREN'S LITURGY OF THE WORD

Sunday 9.30am | St Kieran's Church

BAPTISM

Sunday 10:30am | St Cecilia's Church
Sunday 11:30am | St Kieran's Church

For first-time baptisms, a preparation session helps families feel ready and supported. Please contact the Parish Office.

WEDDING

We ask for six months' notice, with a Pre-Marriage Course as part of your preparation.

FUNERAL

Families are invited to contact a funeral director first. The Parish Office will gently guide the liturgy arrangements.

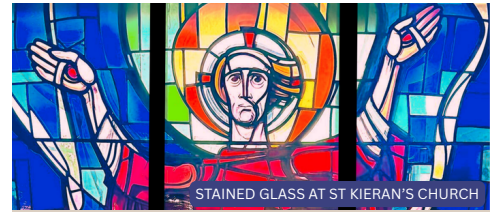
Something extraordinary is coming...

Some stories don't just inspire us—
they stay with us.
A *story* of extraordinary love.
A *story* of courage in the face of darkness.
A *story* that has touched
hearts around the world.

Join us for an unforgettable evening
of *faith, hope, and love.*

More details coming soon.

SAVE
THE
DATE
14TH
OF
AUGUST
2026



WELCOME TO NORTH HARBOUR

Whether you're new to the Catholic faith, returning after some time away, or simply exploring, we're grateful you're here. This community is made up of people at every stage of the journey — questioning, searching, growing, and discovering God's presence in daily life.

YOU BELONG HERE

If you're visiting, newly arrived, or settling into the parish, we'd love to meet you. Please feel free to introduce yourself to one of the priests or volunteers after Mass, or contact the Parish Office during the week. We're here to help you feel at home.

EXPLORING THE FAITH

If you're curious about becoming Catholic, wanting to understand the faith more deeply, or thinking about receiving the sacraments as an adult, we'd be honoured to walk with you. Our parish offers gentle, welcoming pathways for enquiry, conversation, and formation.

LOOKING TO GET INVOLVED

There are many ways to connect — through prayer, service, community groups, or parish ministries. Whether you have a lot of time or just a little, your presence and gifts can make a difference.

NEED SUPPORT

Life can be joyful, complicated, or heavy at times. If you're seeking prayer, pastoral care, or simply someone to talk to, please reach out. You don't have to walk alone.

SONG & LOGO COMPETITION AUGUSTINIAN YOUTH ENCOUNTER 2027

The next Augustinian Youth Encounter (AYE27) is heading to South Korea from 8–13 August 2027! Inspired by Mark 6:50 — "Take heart, it is I. Have no fear." — AYE27 will bring together young people from across the Augustinian Family to celebrate faith, friendship, and hope.

Are you creative? We're looking for the official AYE27 logo and theme song! Enter the AYE27 Song & Logo Competition and leave your mark on this international gathering. Visit ayeosa.com or scan the QR code for competition details.

Entries close: Wednesday, 15 July 2026.

AFA CHRISTMAS IN JULY A FUNDRAISER EVENT

Gather with friends and fellow parishioners for AFA's annual Christmas in July on **Sunday, 19 July at 12:30pm** in the **North Harbour Parish Centre**. Enjoy a traditional two-course Christmas lunch, festive fun, wonderful company, and the opportunity to win some great prizes. BYO drinks. As a fundraiser, proceeds from the event will help support the formation of future Augustinians. \$60 per person. **RSVP and payment is required.** Refer to the flyers and posters displayed in our churches for more details. All are welcome.

REJOICING IN NEW LIFE IN CHRIST

WITH JOY, WE WELCOME INTO OUR PARISH
FAMILY THROUGH BAPTISM THIS SUNDAY

Millie Alice (*daughter of Andrew and Alice*)

May they grow in faith, hope and love.



PARISH RENEWAL PRAYER GROUP

Join us for Meditations on the Rosary for Parish Renewal: after 8:30am mass SK - Mon, Tue, Thu & after 9am mass SC - Wed.

We pray that all Australians, during NAIDOC week recognise the wisdom of the First Nations People. We pray that all Aboriginal and Torres Strait Islander people may have peace and restoration.



STAY CONNECTED

QUICK ACCESS TO ALL PARISH LINKS

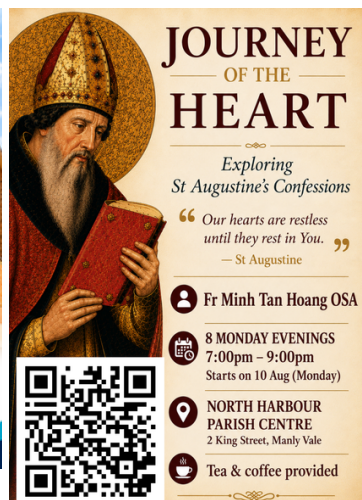
Stay connected with parish life by scanning the QR code. You will find our Sunday readings, weekly bulletin, sacramental information, ministry sign-ups, giving links and more — all gathered together in one convenient place through our parish Linktree account. Alternatively, you can also visit: linktr.ee/northharbourparish. We hope this parish hub helps you!



ST KIERAN'S CAR PARK ACCESS CONTROL UPGRADE

Work on our new automated boom gate system is progressing well, and we thank everyone for their patience and understanding. As we move closer to completion, we'll continue to keep our parish community informed every step of the way.

Before the system becomes operational, we'll provide all the information you need, including when it will commence and how the new parking arrangements will work. Please watch future bulletins for these updates.



JOURNEY OF THE HEART

EXPLORING ST AUGUSTINE'S CONFESSIONS

Join Fr Tan for an eight-week journey through St Augustine's Confessions (Maria Boulding translation). Discover Augustine's inspiring story of conversion, faith, and the search for truth, and explore how his insights continue to speak to our lives today. The series will meet on **Monday evenings from 7:00pm–9:00pm** at the **North Harbour Parish Centre**, commencing on **10 August** and concluding on 28 September. All are welcome. Tea and coffee will be provided. Participants are encouraged to bring a copy of St Augustine's Confessions for reference throughout the series. Scan the QR code on the accompanying poster to RSVP.



RESTLESS HEARTS CAFÉ

AT THE NORTH HARBOUR PARISH CENTRE

Every Monday 1pm to 3.30pm - Come as you are. Connect with others over a cuppa and conversation. Bring your own craft project or enjoy the water colours, paper and collage materials provided. You are welcome to create art, or simply sit with others over coffee and conversation. There is no pressure to participate in anything formal. Come and be part of a friendly community where all are welcome.

Every Thursday 9.30am to 12pm - Come as you are for coffee, morning tea, a short video or speaker, and conversation centred around Christ. **Every Thursday 9.30am to 12pm**. Over the next few weeks we will focus on Presence: The Mystery of the Eucharist. Join us as we journey closer to Christ. Join our friendly community, all are welcome.



BUKAS PALAD MUSIC MINISTRY AUSTRALIAN TOUR

Our Lady of Dolours Parish, Chatswood

Discernment Talk: "Bless Our Darkness"

Friday, 24 July 2026 | 6:00 PM

Free admission

Choir Workshop with Fr. Manoling Francisco, SJ

Saturday, 25 July 2026 | 10:00 AM

Ticketed event: \$15.00

Bukas Palad Music Ministry 40th Anniversary Concert

Saturday, 25 July 2026 | 7:00 PM

Ticketed event: \$40.00





St. KIERAN CHURCH
2 King St. Manly Vale,
Manly NSW 2093

*A Pilgrim with
Our Blessed
Mother*

**Facilitator:
Fr. Simon Cleary LC**

18 JULY 2026

*Let us spend time with
our Blessed Mother.
Kindly bring food to share.*

*Our Lady
of Guadalupe*

A PILGRIM WITH OUR BLESSED MOTHER

SAT, 18 JULY | ST KIERAN'S CHURCH

The Pilgrim Queen of the Family invites you for a prayerful day with Our Blessed Mother on 18 July at St Kieran's Church and North Harbour Parish Centre. The event will begin with Holy Eucharist at 8:30am. Followed by Morning Tea at 10:00am. Fr. Simon will present Talk One – The Secrets of the Image of Our Lady of Guadalupe at 10:30am, followed by the Holy Rosary at 11:15am and Talk Two – What Our Lady's Message Means Today at 11:45am. We will then share lunch (bring food to share) at 12:30pm before concluding the pilgrimage with a wrap-up at 1:00pm. Come and deepen your faith through prayer, reflection, and fellowship.

FRIENDS OF ST AUGUSTINE AUSTRALIA
INVITES YOU TO

Re-imagining
HOPE

2026 NATIONAL LAY CONGRESS

9 – 11 OCTOBER 2026

ST JOSEPH'S CENTRE
30 Fitzgerald Street,
South Yarra 3141, VIC

**Total Cost per person
AUD \$275.00**
Early Bird Rate \$260.00
(Closes August 28, 2026)



RE-IMAGINING HOPE

2026 NATIONAL LAY CONGRESS

Hosted by Friends of St Augustine and the Australasian Augustinian Province, the 2026 National Congress is open to all, especially those interested in the spirituality of St Augustine. Centred on the theme Re-imagining Hope, the Congress will explore the Augustinian charisms of restlessness, interiority, fraternity and service, helping participants grow in their spirituality, deepen their understanding of the spirituality that inspires Pope Leo XIV, and celebrate their faith together. For enquiries, contact Judith Duncan (0417 309 747) or Mary McCormick (0419 134 075). For the full schedule, registration and payment details, please pick up a flyer from the church foyers.




**DONATE
A DEVICE**

Your old phone or laptop can help someone learn, work and stay connected.

*Thank you
for your generosity*



DONATE A DEVICE

PARISH SJ SUPPORTS ASC NEWTOWN

For someone seeking asylum, a laptop or smartphone can be a lifeline. Through the Asylum Seekers Centre's Donate a Device program, your old, working phone or laptop can help someone study, apply for work, access essential services, and stay connected with family and community.

Every donated device is securely wiped before being reissued. **If donating an iPhone, please turn off "Find My iPhone".** Please drop your device (with its charger, if possible) at the Parish Office or in the collection boxes at the rear of the church over the coming weeks. We will deliver all donations to the Asylum Seekers Centre in Newtown.

PARISH SOCIAL JUSTICE

FAITH IN ACTION - LIVING THE GOSPEL THROUGH JUSTICE & LOVE

Inspired by Pope Francis' Laudato Si', our Parish Social Justice group is committed to responding to the cry of the earth and the cry of the poor. We invite you to join us in making a difference through these meaningful initiatives:

- **Donate a Device** - support the Asylum Seekers Centre by donating a device—offering hope, opportunity, and connection to those in need while caring for our common home.
- **Vinnies Winter Appeal** - give generously this winter via the QR code or envelopes at the back of the church, or by donating good, clean clothing to the Vinnies drop-off centre in Rogers St, Brookvale.
- **Grandparents and Elderly Sunday (26 July)** - Join us for a cross generational activity after the 9.30am mass in the Parish Centre. Create a keepsake with grandchildren/nieces/nephews/young ones and enjoy a morning tea.

All are welcome!

Come along to our next Parish Social Justice meeting:

Monday 3 August, 7pm | North Harbour Parish Centre

Together, let us live our faith through action.





OCIA
(formerly RCIA)
Wine & Cheese Night

THURSDAY
20 AUGUST

7:00PM

NORTH HARBOUR
PARISH CENTRE

All are welcome!
No obligations

OCIA (WINE & CHEESE NIGHT)

20 AUGUST 2026 | 7:00PM

Are you curious about the Catholic faith or thinking about becoming Catholic? Join us for a relaxed evening to learn about the Order of Christian Initiation of Adults (OCIA), hear faith stories from parishioners and recent participants, and ask questions in a welcoming, no-pressure setting.

Thursday, 20 August, 7:00pm
North Harbour Parish Centre

Everyone is welcome. RSVP is preferred, but walk-ins are most welcome. For enquiries contact Ursula Hallaway at sacraments@nhparish.org.au



Baptism
OF
SCHOOL-AGED Children
FOR 7-12 YEAR OLDS

Prepare for Baptism in a fun way with similar-aged peers.

PREPARATION SESSION
9 AUGUST 2026

SACRAMENT OF BAPTISM
23 AUGUST 2026

SCAN TO REGISTER!

TAKING THE NEXT STEP
IN YOUR FAITH JOURNEY.

A JOURNEY BEGINS HERE

BAPTISM OF SCHOOL-AGED CHILDREN

Is your child aged 7-12 and not yet baptised? We warmly invite your child to prepare for the Sacrament of Baptism alongside other children of a similar age in a fun, welcoming and engaging program. Through friendship, learning and prayer, they'll discover God's love and take the next step in their journey of faith.

The Preparation Session will be held on **Sunday, 9 August 2026**, from 2:00-4:00pm at the **North Harbour Parish Centre**. The Sacrament of Baptism will be celebrated on **Sunday, 23 August 2026**, with the choice of 10:30am at **St Cecilia's Church** or 11:30am at **St Kieran's Church**.



SACRAMENTS SAVE THE DATE

Sacramental Program 2026-27

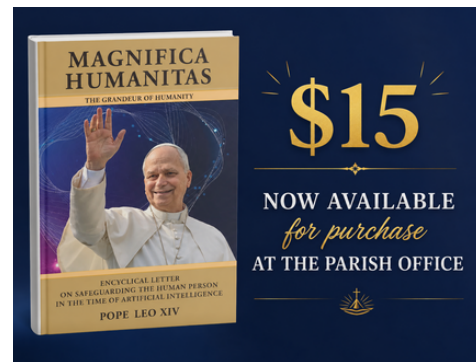
Parent Information Meeting:

15 September 2026 | 9:30am or 7:00pm

Sacrament of Confirmation:

28 November 2026 | 11am or 2pm

St Kieran's Church



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Congratulations and prayers to the new Provincial Council.

Prior Provincial: Fr Tony Banks, OSA

Provincial Bursar: Fr Michael Belonio, OSA

Provincial Secretary: Fr Percival Severe, OSA

Council Members: Fr Francis Belciña OSA, Fr Michael Belonio OSA, Fr Brian Buckley OSA, Fr Tuan Anh Le OSA (Vietnam), Fr Matteo Cho OSA (South Korea), Fr Percival Severe OSA

Also in the photo are Prior General Fr Joseph Farrell OSA (4th from right) and Asst General Fr Frederick Comendador OSA (3rd from right).



"You, Who always are, both before we were and before the world existed, have become for us a refuge in which we have turned to You."

St Augustine of Hippo,
Commentary on Psalm 89, 3

WE HOLD IN PRAYER OUR PARISHIONERS

WE PRAY FOR THE SICK AND HOMEBOUND

Vlad

WE REMEMBER THOSE WHO HAVE DIED RECENTLY

James Young, Rosalia Remulta, Patrick Flannery, Maria Bernadette Marley, Margaret Anne Eade, Jules De Vries, Larissa Brown, all those who died in the recent earthquake in Venezuela

WE HONOUR THEIR ANNIVERSARIES

Tom Meates, Lyn Martin, Maurice Courtenay

May God hold in love all those we lift up in prayer.

We are here to pray with you. Send your intentions to: office@nhparish.org.au



COLOR

Read the Gospel of the week and color the image.



PUZZLE

What letter **begins** each picture name? Circle the beginning letter. Then color the pictures.

**B****I****B****R****C****O****R****C****R****O****C****R**

MISSION

I will plant a seed in good dirt and water it for you, Lord.

NEXT WEEKEND (19 JULY 2026): 16TH SUNDAY IN ORDINARY TIME, YEAR A

FIRST READING

Wisdom 12:13.16-19
God is mighty and gentle.

RESPONSORIAL PSALM

Ps 85:5-6. 9-10. 15-16. R. v.5
Lord, you are good and forgiving.

SECOND READING

Romans 8:26-27
The Spirit overcomes our weaknesses.

GOSPEL ACCLAMATION

See Matthew 11:25
Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the kingdom.
Alleluia!

GOSPEL

Matthew 13:24-43
Parables of the weeds in the field and the mustard seed.

18 JULY, 5.30PM
ST KIERAN'S

READERS
Rick (1)
Elizabeth-Anne(2)
Terry (R)

POWERPOINT
Volunt'r Need'd

SENIOR SERVER
Stephen

EMHC
Jenny
Cathy

MUSIC
Filipino Choir

19 JULY, 7.30AM
ST KIERAN'S

READERS
Elsie (1)
Jenny (2)
Paul (R)

POWERPOINT
Joseph

SENIOR SERVER
Anna

EMHC
Lea
Olivier

MUSIC
None

19 JULY, 9AM
ST CECILIA'S

READERS
Kerry (1)
Sandra (2)
Hilde (R)

POWERPOINT
Volunt'r Need'd

SENIOR SERVER
Ian

EMHC
Volunt'r Need'd
Volunt'r Need'd

MUSIC
The Conmen

19 JULY, 9.30AM
ST KIERAN'S

READERS
Cathie (1)
Dale (2)
Fatima (R)

POWERPOINT
Volunt'r Need'd

SENIOR SERVER
Michael McM

EMHC
Titus
Adriana

MUSIC
Caroline Ng

19 JULY, 5PM
ST KIERAN'S

READERS
Jo (1)
Rodney (2)
Christine (R)

POWERPOINT
Volunt'r Need'd

SENIOR SERVER
Edelvine

EMHC
Carol Murphy
Geraldine

MUSIC
TBD

OBSERVANCES FOR THE WEEK OF 12 JULY 2026

Mon 13 July: Monday of the 15th Week in Ordinary Time / St Henry
Tue 14 July: Tuesday of the 15th Week in Ordinary Time / St Camillus de Lellis
Wed 15 July: St Bonaventure
Thu 16 July: Thursday of the 15th Week in Ordinary Time / Our Lady of Mt Carmel
Fri 17 July: Friday of the 15th Week in Ordinary Time / Bl Magdalene Albrici
Sat 18 July: Saturday of the 15th Week in Ordinary Time



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community each week

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admin@nhparish.org.au



St Kieran's Catholic
Primary School



Principal:
Ms Margaret Holles



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Enrolling!

63 Gordon St, Manly Vale
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www.skmvdbb.catholic.edu.au

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COMMUNITY
SETTING

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THE CATHOLIC COMMUNITY OF
NORTH HARBOUR



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THE CATHOLIC COMMUNITY OF
NORTH HARBOUR



EUCCHARISTIC MINISTRY FORMATION EVENING



WEDNESDAY
15 JULY 2026



7:00 PM



NORTH HARBOUR
PARISH CENTRE



PRESENTER:
PETER BROWN
Catholic Diocese of Broken Bay

TOPICS COVERED

- ✓ BASIC TRAINING AND COMPLIANCE REQUIREMENTS
- ✓ OVERVIEW OF PART 1 (OF 2) FORMATION COURSE FOR NEW EXTRAORDINARY MINISTERS OF HOLY COMMUNION
- ✓ INTRODUCTION TO THE 5-WEEK HOSPITAL MINISTRY COURSE
(COMMENCING IN AUGUST)



This evening is open to anyone interested in becoming involved in the ministry of **bringing Holy Communion** to the sick, the homebound, or those in hospital.

*A Ministry
of Faith,
Compassion
and Service*